

Minutes of the OMNI AGM held at the Commercial Club, Wagga Wagga
Friday 21st August 2015 at 10.30am.

Welcome Chairman Roger Southwood welcomed members and made special mention of the two delegates from Griffith and the delegate from Canterbury.

Apologies were recorded for Paul Bosman, Fawzey Hage, Andrew Hepburn, Laurie Hull, John Hyland, Brain Kelly, Ron McLachlan, Richard Morony, Joe Rose, Herb Sowter, Arthur Wallace, Bill van Wel, Bert Yates and Ken Young,

Members present: Harry Austin, John Beveridge, Louis de Kort, Frank Deluca, Graeme Haron, Ian Hayes, Reg Hearne, Ken King, Ray King, Peter Knox, Geoff Lupton, Len Masson, Peter Piltz, Roy Possee, Reg Potter, Jim Saligari, Bill Salter, Jerry Shilling, Mick Sheehan, John Smit, Harry Smith, Jack Smith, Roger Southwood, Nick van Styn, Chris Thomas, Bob Toose, Harold Wilson.

The meeting stood in silence in remembrance of members who had passed away during the year.

Thanks to sponsors: The following sponsors were thanked for their contribution to OMNI: Eldridge Crawford, the Board of Directors of the RSL Club, and Frank Deluca who was hosting Jack Smith from Canterbury OMNI.

Minutes of the meeting of 22 August 2014 had been already circulated. It was moved that the minutes be taken as a correct record of the meeting (*Ken King/Louis de Kort*)

Correspondence: The Secretary read a letter to the Board of the RSL requesting waiving of room hire charge and the response from the Board which asked that a condition of the waiving of the charge was that every effort be made to recruit membership for the RSL. A show of hands indicated that all attendees were RSL members and the Secretary resolved to inform the Board that this condition had been met.

It was moved that the correspondence be received (*Harry Smith/Nick van Styn*)

Treasurer's Report: In the absence of Laurie Hull, Frank Deluca presented the Treasurer's report copies of which were distributed to all members present. Frank made it clear that the report covered the financial year from 1st July 2014 to 30th June 2015 and that therefore all subscription payments received outside this period did not appear in the report. He listed the OMNI groups which had paid their subscriptions after the closing of the books. He moved that the subscription of \$10.00 per capita be retained for 2015-2016 (*Frank Deluca/John Smit*).

President's report: The report from the President is available on the website. Peter Piltz was asked to demonstrate the operation of the website and to explain the principal features including the various links to, for example, COTA and the Glebe OMNI sites.

Election of Committee of the incorporated body: Nominations had been received for all positions and these had been notified in the tabled agenda for the meeting. The President however made it clear that nominations would be accepted from the floor and encouraged members to nominate or be nominated. The following members were voted for positions on the committee:

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| 1. President | <i>Roger Southwood</i> |
| 2. Secretary/Public Officer | <i>Ray King</i> |
| 3. Treasurer | <i>Laurie Hull</i> |
| 4. Assistant Treasurer | <i>John Beveridge</i> |
| 5. Website manager | <i>Peter Piltz</i> |

6. Committee members (minimum of 4) *Ian Hayes, Des Booth, Louis de Kort, Frank Deluca, Bill van Wel*
7. CPSA (Combined Pensioners and Superannuants Association) representative:
Thanks were expressed to Steve Cooper who represented OMNI at the AGM of CPSA in 2014. *Peter Knox* volunteered to act as delegate since he was already the local member at Griffith and was very familiar with the AGM procedures. His offer was received with appreciation.

It was moved that the nominated members be confirmed (*John Smit/Louis de Kort*) and The President congratulated the appointees and expressed appreciation to the Secretary for his contribution. Both expressions of appreciation were carried by acclamation.

VIDEO: A video prepared by Dr Marissa Samuelson, lecturer in Nutrition and Dietetics, featuring OMNI members in interviews by 4th year Dietician students about their diet, was screened. The video had been produced by the Charles Sturt University School of Dentistry and Health Sciences as a teaching aid. Members were later asked to evaluate the video and suggest improvements. The assessments were given to Dr Samuelson.

Address by Dr Marissa Samuelson, Lecturer in Nutrition and Dietetics, School of Dentistry and Health Sciences, Charles Sturt University. Dr Samuelson summarised her talk in these words: *“In the end I think my key message was for individuals to explore the best eating pattern and healthy lifestyle behaviours for them according to their own health needs, goals and lifestyles / life circumstances. If any of your members are keen to find a dietitian to help them do this, the web address to go to is: <http://daa.asn.au/for-the-public/find-an-apid/>. There are dietitians at Wagga Community Health Centre and at the university Nutrition Clinic”.*

Group 5 minute Reports: Delegates from the following groups reported on events during the previous year: Wagga groups 1, 2 and 3, Griffith, and Canterbury. Reports were received from Charlestown, Holbrook, Temora, Tumbarumba, Hillston, Tomaree, Glebe and Tamnet (Tamworth) and read out at the meeting. Most reports utilised the following format:

- Current membership
- Do you or your members make use of the OMNI website?
- Broad outline of meeting format
- Other activities
- How do you communicate with your members (phone or email)
- Do you have a newsletter?
- What are your current problems if any?
- Do you use our OMNI brochure and Green Book?
- What have you done to maintain or increase numbers in your group?
- Are you able to consider promoting a new group in another area?
- Can you allocate a member to send periodic reports about your group activities, discussion subjects, problems, suggestions etc. for the website?
- Any suggestions on how the OMNI incorporated body committee can help your group.

Discussion of issues derived from the group reports. While most groups had similar programs and faced similar issues several interesting innovations were reported such as the use of structured relaxing exercises undertaken at the commencement of the OMNI meeting, visits to places of interest, engaging in activities following the formal meeting (meeting for a meal) and especially innovative ways to advertise OMNI (through TV programs, sessions on radio and Community notice boards).

Any other business: Moved that the date and location of the next AGM would be 19th August, 2016 at The Commercial Club in Wagga Wagga (*John Smit/Peter Piltz*). RK